



Iowa Department of Human Services

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Director

INFORMATIONAL LETTER NO.1838-MC-FFS-D

DATE: October 31, 2017

TO: All Iowa Medicaid Providers

APPLIES TO: Managed Care, Fee-for-Service and Dental

FROM: Iowa Department of Human Services (DHS), Iowa Medicaid Enterprise (IME)

RE: Care for Kids Periodicity Schedule

EFFECTIVE: Immediately

The Iowa Early and Periodic Screening, Diagnostic, and Treatment (EPSDT) Care for Kids Health Maintenance Recommendations, also referred to as the [periodicity schedule](#)¹ has been revised and is now available on the [DHS website](#)². The periodicity schedule provides a one-page summary of the ages at which recommended health screening services are to be provided as a child grows. These guidelines are based upon *Bright Futures, Guidelines for Health Supervision of Infants, Children, and Adolescents*, 4th Edition adopted by the American Academy of Pediatrics (AAP) and supported by Iowa's Chapter of the AAP.

If you have questions, please contact the IME Provider Services Unit at 1-800-338-7909 or email at imeproviderservices@dhs.state.ia.us.

¹ https://dhs.iowa.gov/sites/default/files/EPSDT_Periodicity_Schedule.pdf

² <https://dhs.iowa.gov/ime/members/medicaid-a-to-z/care-for-kids-epsdt>